

Idaho Falls Pediatrics

Divorce: Resource List

Books for Children

Ages 3 to 8

- *A Day With Daddy*; by Nikki Grimes; New York, Scholastic, 2004
- *At Daddy's on Saturdays*; Partridge Green, Albert Whitman; Biblios, 1999
- *Dinosaurs Divorce: A Guide for Changing Families*; by Laurene Drasny Brown and Marc Brown; Econo-Clad Books, 1999
- *Do I Have A Daddy?: A Story About A Single-Parent Child*; by Jeannie Warren Lindsay; Morning Glory Press, 2000
- *Good-Bye, Daddy!*; by Brigitte Weninger; North-South Books, 1997
- *It's Not Your Fault, Koko Bear: A Read-Together Book for Parents & Young Children During Divorce*; by Vicki Lansky; Book Peddlers, 1998
- *Let's Talk About Divorce*; by Fred Rogers; Putnam, 1996
- *My Family's Changing: A First Look at Family Break Up*; by Pat Thomas; Barron's, 1999
- *My Mother's House, My Father's House*; by C. B. Christiansen; Penguin, 1990
- *Was It the Chocolate Pudding? A Story for Little Kids About Divorce*; by Sandra Levins and Bryan Langdo; American Psychological Assn., 2005

Ages 8 to 12

- *A Question of Trust*; by Marion Baner; Scholastic, 1994
- *Always My Dad*; by Sharon Wyeth, 1995-2000
- *Amber Brown Goes Forth*; by Paula Danziger; Putnam, 1995
- *Amber Brown Sees Red*; by Paula Danziger; Scholastic, 1998
- *Blue Sky, Butterfly*; by Jean van Leeuwen; Dial, 1996
- *But...What About Me? (How It Feels To Be A Kid In Divorce)*; by Bonnie Doss; Bookmark Publ., 1998
- *Chevrolet Saturdays*; by Candy Dawson-Boyd; Simon & Schuster, 1993

- *Divorce*; by Debra Goldentyer; Raintree-Steck Vaughn, 1998
- *Divorce Is Not the End of the World*; by Evan Zoe; Tricycle Press, 1997
- *Family Break-Up*; by Keeley Bishop and Penny Tripp; Heineman Library, 2004
- *Ginny Morris and Mom's House, Dad's House*; by Mary Gallagher and Whitney Martin; Magination Press, 2005
- *I Love My Parents, But I Hate Divorce*; by Pat H. Otto; Wildwater Publications, 1997
- *It's Not the End of the World*; by Judy Blume; Bradbury Press, 1999
- *My Parents Are Divorced, Too: A Book For Kids By Kids*; by Melanie Ford; Magination Press, 1997
- *My Parents Are Getting Divorced: How to Keep It Together When Your Mom and Dad Are Splitting Up*; by Florence Cadier and Melissa Daly; Amulet Books, 2004
- *My Parents' Divorce*; by Julia Cole; Copper Beech Books, 1998
- *My Parents Still Love Me Even Though They're Getting Divorced (an interactive tale for children)*; by Lois V. Nightingale; Nightingale Rose Publications, 1997
- *Strider*; by Beverly Cleary; Avon, 1996
- *The Squeaky Wheel*; by Robert Kimmel Smith; Dell Pub. Co., 1992
- *The Trouble With Thirteen*; by Betty Miles; Econo-Clad Books, 1999
- *What Children Need To Know When Parents Get Divorced*; by William Coleman; rev ed.; Bethany House, 1998
- *What Do We Think About: Family Break-Up*; by Jullian Powell; Hodder & Stoughton Childrens Division, 2001
- *When My Parents Forgot to Be Friends*; by Jennifer Moore-Mallions; Barron's Educational Series, 2005

Young Adult

- *Divorce*; by Anne Charlish; Raintree Steck-Vaughn, 1999
- *Divorce and Teens: When a Family Splits Apart*; by Elizabeth Price; Berkeley Heights, NJ., Enslow Publ., 2004
- *For Better, For Worse: A Guide To Surviving Divorce For Preteens and Their Families*; Janet Bode; Simon & Schuster Books for Young Readers, 2001
- *I Want Answers and a Parachute*; by P.J. Petersen; Simon and Schuster, 1993
- *Help!: A Girl's Guide to Divorce and Stepfamilies*; Nancy Holyoke, Pleasant Company Publications, 1999
- *Solitary Blue*; by Cynthia Voight; Macmillan, 1999
- *Strider*; by Beverly Cleary; Avon, 1992
- *Teens and Divorce*; Gail Stewart; Lucent Books, 2000
- *The Moonlight Man*; by Paula Fox; Dell, 1995

- *When Your Parents Split Up: How To Keep Yourself Together*; by Alys Swan-Jackson; Price Stern Sloan, 1997
- *When Your Parents Divorce: A Handbook for Children Whose Parents Are Divorcing*; by Betty Clark; Educational Media Corp., 1998

Books for Adults

- *Always Dad: Being a Great Father During and After Divorce*; by Paul Mandelstein; NOLO, 2006
- *Be A Great Divorced Dad*; by Kenneth Condrell; St. Martin, 1998
- *Child Friendly Divorce: A Divorced Therapist's Guide to Helping Your Children Thrive* by Diane Berry; Blue Waters Publishing, 2004
- *Co-Parenting After Divorce: How to Raise Happy, Healthy Children In Two-Home Families*; by Diana Shulman; Winnspeed Press, 1997
- *The Co-Parenting Survival Guide: Letting Go of Conflict After a Difficult Divorce*; by Elizabeth Thayer; New Harbinger Publ., 2001
- *Divorcing Father's Manual: 8 Steps to Help You and Your Children Survive and Thrive*; by Barry Frieman; Men's Studies Press, 2005
- *The Divorced Dad's Survival Book: How to Stay Connected With Your Kids*; by David Knox; Insight Books, 1998
- *Ex-Etiquette For Parents: Good Behavior After A Divorce Or Separation*; by Jann Blackstone-Ford and Sharyl Jupe; Chicago Review Press, 2004
- *Good Parenting Through Your Divorce: How to Recognize, Encourage and Respond to Your Child's Feelings and Help Them Get Through Your Divorce*; by Mary Ellen Hannibal; Publishers Group West, 2002
- *How to Help Your Children Survive Your Divorce*; by Jody Beveridge and Alan Bradley; Foulsham, 2004
- *How to Parent with Your Ex: Working Together for Your Child's Best Interest*; by Brette Sember; Sphinx/Sourcebooks, 2005
- *Helping Children Survive Divorce: What to Expect, How to Help*; by Archibald Hart; rev. ed.; Word Publishing, 1996
- *How To Help Your Child Overcome Your Divorce*; by Elissa Benedek; Newmarket Press, 1998
- *Mom's House, Dad's House: Making Two Homes For Your Child*; by Isolina Ricci; Simon & Schuster, 1997
- *Step Wise: A Guide to Family Mergers*; by James Dale; Andrews McMeel Publ., 2001
- *The Truth About Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive*; by Robert Emery; Viking, 2004

Other Resources

Kids In The Middle, Inc.

A not-for-profit agency, has provided comprehensive services for children struggling with their parents' divorce, separation, or remarriage.

121 West Monroe

St. Louis, MO 63122

(314) 909-9922

<http://www.kidsinthemiddle.org/>

Kid's Turn

A Non-Profit Organization to Help Kids and Parents Through Divorce

1242 Market Street, 4th Floor

San Francisco, CA 94102-4802

(415) 437-0700 or (510) 835-8445

e-mail: kidsturn@earthlink.net

<http://www.kidsturn.org>

*NOTE: This information is provided as a public educational service. The information does not replace any of the instructions your physician gives you. If you have a medical emergency please call 911 or call the Hospital at (208) 529-6111. If you have questions about your child's care, please call Idaho Falls Pediatrics at (208) 522-4600.