



## **Moles**

### **What are moles?**

Moles or nevi are tan, brown, or black spots on the skin. Most adults have 20 to 30 moles. They first appear around 1 year of age, and we are constantly getting new ones. They do not fade and they last throughout our lives. In general, they are harmless.

### **When should I call my child's health care provider?**

Call during office hours if:

- You want the mole removed for cosmetic purposes.
- The mole is pitch black AND your child was born with it.
- The mole is growing rapidly in size.
- The mole has bled or become an open sore.
- The mole has changed colors (especially to red or blue).
- The surface has become lumpy.
- You have other questions or concerns.

\*NOTE: This information is provided as a public educational service. The information does not replace any of the instructions your physician gives you. If you have a medical emergency please call 911 or call the Hospital at (208) 529-6111. If you have questions about your child's care, please call Idaho Falls Pediatrics at (208) 522-4600.