

Idaho Falls Pediatrics

Bed-Wetting: Resource List

Books for Children

Ages 2 to 9

- *Accidental Lily*; by Sally Warner; Knopf 2000
- *Do Little Mermaids Wet Their Beds?;* by Jeanne Willis; Morton Grove, IL., Albert Whitman, 2004
- *Dry Days, Wet Nights;* by Maribeth Boelts; Kathy Parkinson (illustrator); Whitman, 1994
- *The Candy Corn Contest;* by Patricia Giff; Econo Clad Books, 1999
- *Waking Up Dry: A Guide to Help Children Overcome Bedwetting;* by Howard Bennett; American Academy of Pediatrics, 2005

Books for Adults

- *Getting to Dry: How to Help Your Child Overcome Bedwetting;* by Max Maizels, Harvard Common Press, 1997
- *No More Bedwetting: How to Help Your Child Stay Dry;* by Samuel Arnold; Wiley, 1997
- *Seven Steps to Nighttime Dryness: A Practical Guide For Parents of Children With Bedwetting;* by Renee Mercer; Brookeville Media, 2004

Other Resources

National Kidney Foundation / National Enuresis Society
<http://www.kidney.org/patients/bw/index.cfm>

National Library of Medicine's MedlinePlus: Toilet Training and Bedwetting
<http://www.nlm.nih.gov/medlineplus/toilettrainingandbedwetting.html>

Bedwetting Alarm Manufacturers

- Nytone Alarm: Nytone Medical Products, 2424 South 900 West, Salt Lake City, UT 84119, or call 801-973-4090.
- Nite Train'r Alarm: Koregon Enterprises, 9735 S.W. Sunshine Court, Suite 100, Beaverton, OR 97005, or call 800-544-4240.
- Wet-Stop Alarm: Palco Laboratories, 8030 Soquel Ave., Suite 104, Santa Cruz, CA 95062, or call 800-346-4488.
<http://www.wet-stop.com>
- Potty Pager (silent alarm): Ideas for Living, 1285 North Cedarbrook, Boulder, CO 80304, or call 800-497-6573.
<http://www.pottypager.com>

Bedwetting Alarms, Books and Other Supplies

<http://www.bedwettingstore.com>

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*NOTE: This information is provided as a public educational service. The information does not replace any of the instructions your physician gives you. If you have a medical emergency please call the Hospital at (208) 529-6111. If you have questions about your child's care, please call Idaho Falls Pediatrics at (208) 522-4600.