

Idaho Falls Pediatrics

Epilepsy: Resource List

Books for Children

Ages 4 to 8

- *Becky the Brave: A Story about Epilepsy*; by Laura Lears; Whitman, 2002
- *Epilepsy*; by Kristina Routh; Heinmann Library, 2004
- *Taking Seizure Disorders to School: A Story About Epilepsy*; by Kim Gosselin; JayJo Books, 1998

Ages 9 to 12

- *Epilepsy*; by Mark E. Dudley; Crestwood House, 1997
- *Epilepsy (Understanding Illness)*; by Elaine Landau; Twenty-First Century Books, 1995
- *Moments That Disappear: Children Living With Epilepsy*; by Thomas Bergman; Stevens, Gareth, Inc., 1992

Young Adult

- *The Alfred Summer*; by Jan Slepian; Philomel Books, 2001
- *Epilepsy: The Ultimate Teen Survival Guide*; by Kathlyn Gay; Scarecrow Press, 2003
- *Epilepsy (Diseases and People)*; by Mary Kay Carson; Enslow Publishers Inc., 1998

Books for Adults

- *Epilepsy and Seizures*; by Donald Weaver; Firefly Books, 2001
- *Epilepsy: A Practical Guide*; by Mike Johnson; David Fulton Publ, 2002
- *Growing Up With Epilepsy: A Practical Guide for Parents*; by Lynn Blackburn; Demos, 2003

- *Guide to Understanding and Living with Epilepsy*; by Orrin Devinsky; FA Davis, 1994
- *Living Well with Epilepsy and Other Seizure Disorders: An Expert Explains What You Really Need to Know*; by Carl Bazil; Harper Resource, 2004
- *Partial Seizure Disorders: Help for Patients and Families*; by Mitzi Waltz; O'Reilly, 2001
- *Seizures and Epilepsy in Childhood: A Guide for Parents*; by John M. Freeman, M.D.; 3rd ed.; Johns Hopkins Univ. Press, 2002

Other Resources

Epilepsy Foundation of America
Epilepsy and Seizure Disorder Service
4351 Garden City Drive
Landover, MD 20785
800-332-1000

Web site: <http://www.efa.org>

Answers specific questions from callers, referrals to local chapters, catalog of educational materials (800-213-5821).

- *Ten Steps to Help Your Child Write*; by Jenni Taverner; 1999

*NOTE: This information is provided as a public educational service. The information does not replace any of the instructions your physician gives you. If you have a medical emergency please call 911 or call the Hospital at (208) 529-6111. If you have questions about your child's care, please call Idaho Falls Pediatrics at (208) 522-4600.